

## **CDL Summary of Rules**

- Player and Coaches Cards Required
- No rosters Required
- Up to 18 players game active
- Substitutions unlimited (coaches to use commons sense)

	13U - 14U	15U - 16U	17U - 19U
Field: Length Range	100 - 120 (yards)	100 - 120 (yards)	100 - 120 (yards)
Field: Width Range	55 - 80 (yards)	55 - 80 (yards)	55 - 80 (yards)
Number of Players	11 v 11	11 v 11	11 v 11
Maximum Roster Size	22 max,	22 max,	22 max,
	18 "game active"	18 "game active"	18 "game active"
GK	Yes	Yes	Yes
Playing Time (Minutes)	2 x 35	2 x 40 *	2 x 45 *
Half Time (Minutes)	10	10	10
Ball Size	5	5	5
Goal Size	8 x 24	8 x 24	8 x 24
Offside	Yes	Yes	Yes

<sup>\*</sup>if both teams are playing double header then game length will be adjusted to 2 x 35-minute halves. If opposing team only has one game the 35 minute halves will be applied.